

BOTOX / DYSPORT

POST-PROCEDURE INSTRUCTIONS

The guidelines to follow post treatment have been followed for years, and are still employed today to prevent the possible side effect of ptosis. These measures should minimize the possibility of ptosis almost 98%.

No straining, heavy lifting, vigorous exercise for 3-4 hours following treatment. It is now known that it takes the toxin approximately 2 hours to bind itself to the nerve to start its work, and because we do not want to increase circulation to that area to wash away the Botox/Dysport from where it was injected. This waiting period continues to be recommended by most practitioners,

Avoid Manipulation of the area for 3-4 hours, following treatment. (For the same reasons listed above.) This includes not doing a facial, peel, or micro dermabrasion after treatment with Botox. A facial, peel, or micro dermabrasion can be done in the same appointment only if they are done before Botox/Dysport.

Facial Exercises in the injected areas is recommended for 1- hour following treatment, to stimulate the binding of the toxin only to this localized area.

It can take 3-6 days to take full effect. It is recommended that the patient contact the office no later than 2 weeks after treatment if desired effect was not achieved.

Makeup may be applied before leaving the office. Some practitioners recommend avoid Retin-A, Glycolic acid, Vitamin C, and Kinerase for 24 hours to the treated areas.

Touch-up Policy: StudioMD offers a **complimentary** touch-up or optimization treatment if you return **within 2 weeks** of the initial procedure date. The cost of product is not included- therefore you will need to pay for additional Botox/Dysport (priced per unit) if deemed necessary. Any procedure done after the two week period will be considered a new treatment and will be priced accordingly.

Patient's Signature

Date